

Caroline Brenner, PhD

Dr. Caroline Brenner is a Licensed Psychologist specializing in the treatment of children and adolescents, and she has a breadth of experience working with a diverse population of individuals.

Dr. Brenner earned a Doctorate of Philosophy in Clinical Psychology in June of 2015 from Palo Alto University. Prior to that, she received her Bachelor of Science in psychology from the State University of New York, College at Cortland, and her Master of Arts in clinical psychology from Teachers College, Columbia University. Dr. Brenner initially planned to become a teacher, although chose to focus her passion for working with children and their families to the field of psychology.

Dr. Brenner recently concluded her Post-Doctoral Fellowship at JCCTA, where she strengthened her therapeutic and assessment skills over the course of the last year. Specifically, she provided individual therapy with children, adolescents, and adults, as well as family therapy, and she led a social skills training group. Dr. Brenner conducted a wide array of psychological, psychoeducational, and neuropsychological assessments with individuals experiencing functional limitations across a wide array of areas. Previously, she acquired additional training experiences with children and families in both a school setting and outpatient community clinics, and with adults in outpatient settings focused on low income, severe mental illness, and substance abuse issues.

Dr. Brenner wants to help individuals and their families function more adaptively, both individually and as a unit. She helps each of the clients she serves explore current issues and past experiences to improve overall functioning. Additionally, Dr. Brenner believes parent involvement is very important throughout the therapeutic process.

If Dr. Brenner can help you, your child, and/or your family, she is ready and able to do so. Please feel free to contact her directly at drbrenner@jonesccta.com with any questions you may have or if you feel she can be of service.