



**The Jones Center for Children's Therapy and Assessment**

**Jessica O. Jones, PsyD, LPC-S & Alyssa R. Scott, PsyD**

604 Strada Circle, Mansfield, TX 76063

Phone: (817) 453-2400 Fax: (817) 453-2414

Website: [www.jonesccta.com](http://www.jonesccta.com) Email: [contactus@jonesccta.com](mailto:contactus@jonesccta.com)

**CHILD (AGES 2 – 11) PATIENT HISTORY**

Name: \_\_\_\_\_ Ethnicity: \_\_\_\_\_ DOB: \_\_\_\_\_ Age: \_\_\_\_\_

*Dear Parent,*

*To help establish your child with our practice, please provide us with his/her complete medical and mental health histories. Thank you and we look forward to working with you and your child!*

In your own words, please describe why you are seeking services for your child: \_\_\_\_\_

Were you referred by an outside source, such as a pediatrician? Who? \_\_\_\_\_

Family Members/Others Residing in Home	Age	Relationship to Child
_____	_____	_____
_____	_____	_____
_____	_____	_____
_____	_____	_____

How does this child get along with other family members in the home? Defiant? Antagonistic? Alliances? Other problems? \_\_\_\_\_

Family Members/Others Residing Outside Home	Age	Relationship to Child
_____	_____	_____
_____	_____	_____
_____	_____	_____

How does this child get along with family members/important people residing outside the home? \_\_\_\_\_

Frequency of visitation/contact with parent/guardian(s) in second household (if applicable): \_\_\_\_\_

**Parents'/Legal Guardians' Marital Status:** Married Divorced Separated Never Married Other: \_\_\_\_\_  
If separated or divorced, how old was your child at that time? \_\_\_\_\_ How did he/she adapt? \_\_\_\_\_

**Maternal Family Psychiatric History** (If so, who?)  
 Depression/sadness \_\_\_\_\_  
 Suicidal ideation/attempt \_\_\_\_\_  
 Anxiety/excessive worry \_\_\_\_\_  
 Panic attacks \_\_\_\_\_  
 Posttraumatic Stress Disorder \_\_\_\_\_  
 Bipolar Disorder \_\_\_\_\_

**Paternal Family Psychiatric History** (If so, who?)  
 Depression/sadness \_\_\_\_\_  
 Suicidal ideation/attempt \_\_\_\_\_  
 Anxiety/excessive worry \_\_\_\_\_  
 Panic attacks \_\_\_\_\_  
 Posttraumatic Stress Disorder \_\_\_\_\_  
 Bipolar Disorder \_\_\_\_\_

Obsessive-compulsive tendencies \_\_\_\_\_  
Schizophrenia \_\_\_\_\_  
Attention problems/ADHD \_\_\_\_\_  
Learning problems \_\_\_\_\_  
Autism Spectrum Disorder \_\_\_\_\_  
Alcohol/drug abuse \_\_\_\_\_  
Problems with the law \_\_\_\_\_  
Seizures \_\_\_\_\_  
Other \_\_\_\_\_

Obsessive-compulsive tendencies \_\_\_\_\_  
Schizophrenia \_\_\_\_\_  
Attention problems/ADHD \_\_\_\_\_  
Learning problems \_\_\_\_\_  
Autism Spectrum Disorder \_\_\_\_\_  
Alcohol/drug abuse \_\_\_\_\_  
Problems with the law \_\_\_\_\_  
Seizures \_\_\_\_\_  
Other \_\_\_\_\_

Does this child have a sibling(s) or half-sibling(s) who suffers any of the aforementioned psychological issues/disorders?  
Y or N If yes, who and what? \_\_\_\_\_

**Birth History**

Was the pregnancy planned? Y or N Desired? Y or N Prenatal care received? Y or N Is he/she adopted? Y or N  
Complications during pregnancy? Y or N If Yes, please explain: \_\_\_\_\_

Nausea: \_\_\_\_\_ Vomiting: \_\_\_\_\_ Swelling: \_\_\_\_\_ Headaches/migraines: \_\_\_\_\_ Diabetes: \_\_\_\_\_  
Other illnesses: \_\_\_\_\_ Bed rest: \_\_\_\_\_ Why? \_\_\_\_\_ How long? \_\_\_\_\_  
Tobacco use: \_\_\_\_\_ How much: \_\_\_\_\_ Alcohol use: \_\_\_\_\_ How much: \_\_\_\_\_  
Prescription drug use: \_\_\_\_\_ What: \_\_\_\_\_ Illicit drug use: \_\_\_\_\_ What: \_\_\_\_\_  
Length of pregnancy: \_\_\_\_\_ Was labor induced? Y or N If Yes, why? \_\_\_\_\_

How was he/she delivered? (i.e., vaginally, with forceps, with vacuum assistance, etc.) \_\_\_\_\_

Weight at birth: \_\_\_\_\_ Complications during delivery? Y or N If Yes, please explain: \_\_\_\_\_

Did this child require admission into the neonatal intensive care unit (NICU)? Y or N If Yes, how long and why? \_\_\_\_\_

This child has met majority of his/her developmental milestones in a timely manner: \_\_\_\_\_ Yes \_\_\_\_\_ No

Age he/she began: Crawling \_\_\_\_\_ Walking \_\_\_\_\_ Talking - single words \_\_\_\_\_ 2+ word sentences \_\_\_\_\_

This child's overall development is occurring: \_\_\_\_\_ Slowly \_\_\_\_\_ Normally \_\_\_\_\_ Quickly

**Medical History**

Heart problems Y or N If Yes, please explain: \_\_\_\_\_  
Lung problems Y or N If Yes, please explain: \_\_\_\_\_  
Eye problems Y or N If Yes, please explain: \_\_\_\_\_  
Ear infections/tubes Y or N If Yes, please explain: \_\_\_\_\_  
Speech problems Y or N If Yes, please explain: \_\_\_\_\_  
Sensory problems Y or N If Yes, please explain: \_\_\_\_\_  
Broken bone(s) Y or N If Yes, please explain: \_\_\_\_\_  
Surgery Y or N If Yes, please explain: \_\_\_\_\_  
Allergies Y or N If Yes, please explain: \_\_\_\_\_  
Asthma Y or N If Yes, please explain: \_\_\_\_\_  
Seizures Y or N If Yes, please explain: \_\_\_\_\_  
Head injury/concussion/unconsciousness Y or N If Yes, please explain: \_\_\_\_\_

Other: \_\_\_\_\_

Are his/her immunizations current? Y or N If No, please explain: \_\_\_\_\_

If your child has been/is on psychoactive medication, how old was he/she when it was first prescribed? \_\_\_\_\_

By whom? \_\_\_\_\_ For what? \_\_\_\_\_

Current regularly used medications, including prescriptions, over-the-counters, herbals, and/or essential oils:

Medication	Dosage	Times/Day	For what reason
_____	_____	_____	_____
_____	_____	_____	_____
_____	_____	_____	_____
_____	_____	_____	_____

Additional prescription medications used in the past:

Medication	For what reason	Reason for discontinuation
_____	_____	_____
_____	_____	_____
_____	_____	_____
_____	_____	_____

**Academic History**

Current grade (or most recently completed)? \_\_\_\_\_ School and ISD? \_\_\_\_\_

Has this child ever repeated a grade? Y or N If Yes, what grade(s)? \_\_\_\_\_ Who initiated retention? \_\_\_\_\_

Why? \_\_\_\_\_

Has he/she ever received RtI, 504, Special Education (IEP), or other intervention services? Y or N If Yes, how was he/she qualified and what service(s) did he/she receive? \_\_\_\_\_

Is this child currently experiencing academic problems? Y or N If Yes, please explain: \_\_\_\_\_

Please describe what kind of grades/marks he/she generally achieves in school: \_\_\_\_\_

Has this child ever received formal testing through the school, apart from standardized testing? Y or N If Yes, please explain: \_\_\_\_\_

Does this child exhibit behavioral problems at school? Y or N If Yes, please explain: \_\_\_\_\_

Has he/she ever received detention, in school suspension, out of school suspension, or expulsion? Y or N If Yes, please explain: \_\_\_\_\_

At what level do you estimate your child’s intelligence? \_\_\_\_\_ below average \_\_\_\_\_ average \_\_\_\_\_ above average

**Mental and Emotional History**

**Please indicate if Yes, No, or Sometimes (ST) your child experiences the following symptoms:**

SYMPTOM	Y	N	ST	NOTES
Attention problems				
Hyperactivity				
Impulsivity				
Academic problems				
Failing classes				
Communication problems				
Language/speech problems				
Memory problems				
Anger				
Rages				
Anxiety				
Panic attacks				
Depression/sadness				
Negative self-talk				
Low self-esteem				
Irritability				

Low frustration tolerance				
Threatens to harm self				
Acts of self-harm (i.e., cutting)				
Suicidal thoughts				
Manipulative tendencies				
Externalizes blame				
Elevated moods/mania				
Mood swings				
Obsessive-compulsive tendencies				
Repetitive behavior				
Restricted pattern/range of interests				
Trouble with change and/or transitions				
Aggressive - verbal and/or physical				
Threatens to harm others				
Defiance/intentional breaking of rules				
Temper tantrums				
Emotional outbursts/meltdowns				
Lying/deceitfulness				
Stealing				
Disrespect toward adults				
Daytime toileting accidents				
Bedwetting				
Sleep difficulties				
Nightmares/terrors				
Poor personal hygiene				
Hears things that are not there				
Sees things that are not there				
Difficulty making/keeping friends				
Poor social skills				
Lacks empathy				
Other difficulties				

Please provide elaboration on any specific symptom(s) which warrants direct intervention: \_\_\_\_\_

Has this child been abused? Y or N (circle one and all that may apply)  
 Sexually      Verbally      Physically      Mentally      Emotionally      Other: \_\_\_\_\_  
 When? \_\_\_\_\_ Who was the abuser? \_\_\_\_\_

Has this child experienced any other traumatic event(s)? Y or N If Yes, please explain: \_\_\_\_\_

Have there been any significant deaths or losses in the family? Y or N If Yes, please explain: \_\_\_\_\_

Has this child ever participated in therapy? Y or N Play Individual Family Group Undergone formal testing? Y or N  
 With whom? \_\_\_\_\_ When? \_\_\_\_\_ How long? \_\_\_\_\_  
 Was a diagnosis assigned? Y or N. If yes, what? \_\_\_\_\_  
 Was the previous treatment beneficial? Y or N or Somewhat Please explain: \_\_\_\_\_

Has your child ever been admitted for inpatient psychiatric care? Y or N If Yes, please provide details regarding admission dates, precipitating events, treatment received, perceived benefit, etc. \_\_\_\_\_

**Parenting**

Do you believe you do an effective job parenting this child? Y or N Please explain: \_\_\_\_\_

What discipline technique do you use that is most effective? \_\_\_\_\_

Least effective: \_\_\_\_\_

Do adults/caregivers in this child's life agree on how to discipline him/her? Y or N Is this a problem for you, this child, and/or your family? Y or N Please explain: \_\_\_\_\_

**Strengths and Weaknesses**

What do you think are this child's biggest personal strengths?

- 1. \_\_\_\_\_
- 2. \_\_\_\_\_
- 3. \_\_\_\_\_

What do you think are this child's biggest personal weaknesses/limitations?

- 1. \_\_\_\_\_
- 2. \_\_\_\_\_
- 3. \_\_\_\_\_

**Please provide any additional information you think we need to know.**

\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

\_\_\_\_\_

**Signature and Date**