

Enjolé Delgado, LPC

Mrs. Enjolé Delgado is a Professional Counselor who is independently licensed in the state of Texas to provide therapeutic services to children, adolescents, adults, and families.

Mrs. Delgado completed her Bachelor of Arts degree in Psychology at Texas Tech University before earning a Master of Arts in Christian Counseling from Southwestern Baptist Theological Seminary.

Mrs. Delgado has extensive therapy experience working with children, adolescents, adults, and families, having joined the JCCTA team in 2018. Since, she has provided an array of therapeutic intervention ranging from individual therapy to play, family, and group therapy. Previously, she provided services in outpatient treatment facilities, working with children and adolescents in crisis. She began her internship for licensure at an independent neurofeedback practice where she gained knowledge in neurotransmitter testing. While in her master's program, Mrs. Delgado served as an intern at a private counseling practice.

Mrs. Delgado believes her mission is to help others by promoting a process of change that not only brings healing and guidance, but provides people with a more functional and constructive way of living. She specializes in areas such as depression, anxiety, ADHD, suicidal thoughts, self-harm, stress management, and communication skills, and she utilizes a variety of therapeutic interventions to promote positive change.

If you believe Mrs. Delgado can be of service to you, your child, and/or your family, please do not hesitate to contact her directly at edelgado@jonesccta.com with any questions you may have.