

Candice Y. Diaz, PhD

Dr. Candice Y. Diaz is a bilingual Provisionally Licensed Psychologist providing therapy and assessment services under the supervision and direction of Dr. Jones and Dr. Scott to fulfill requirements set forth by the state of Texas to obtain independent licensure as a psychologist.

Dr. Diaz earned a doctorate in Clinical Psychology from the San Juan campus of Carlos Albizu University in July of 2021 after having obtained a Master of Science in Clinical Psychology in 2015 at the same location. Prior to that, she attained a Bachelor of Arts in Psychology in 2013 at Turabo University in Gurabo, Puerto Rico.

Prior to joining the team at JCCTA, Dr. Diaz completed the hours required to fulfill a postdoctoral fellowship in September 2021 at Momentous Institute in Dallas, Texas. Here, she focused on strengthening the social-emotional skills of children and their families via both psychotherapeutic and assessment modalities. She completed an APA accredited doctoral internship program at the same location in 2020, providing similar comprehensive services to those in need. Dr. Diaz has conducted individual, group, couples, and family therapies with a wide array of individuals in both English and Spanish. She has experience administering psychological, psychoeducational, and neuropsychological evaluations to persons across the life span, in addition to conducting language screenings with children, adolescents, and adults. She has worked with patients who have various presenting concerns, including emotional and behavioral disturbances, neurodevelopmental disorders, interpersonal difficulties, familial conflict, grief, domestic violence, and trauma. Dr. Diaz is trained in numerous evidence-based therapies, such as general and trauma based cognitive-behavioral therapy, dialectical behavior therapy, transtheoretical models, play therapy, art therapy, and family systems. She completed a two-year specialized training program working victims of sexual abuse and their families while using various evidence-based practices, and she has provided individual, group, and family services to children in a shelter. Dr. Diaz takes into consideration all ecological factors that may influence a patient's experiences in considering how to best treat them. Her approach with her patients is holistic, as she diligently explores and helps identify internal and external factors affecting their lives to aid them and their families reach their goals.

Dr. Diaz's vision includes reinforcing her patients' social-emotional strengths as they strive to reach their full potentials, regardless of their circumstances. She recognizes the role of relationships in shaping a patient's experiences, guiding him or her to better understand patterns, thoughts, and feelings that can arise from those interactions. Dr. Diaz has a strong desire to aid her patients in building strong and fulfilling relationships with others, maintaining healthy socio-emotional well-being, and decreasing long-term emotional and relational distress.

If you believe Dr. Diaz can help you, your child, and/or your family, she is ready and able to do so. Please feel free to contact her directly at drdiaz@jonesccta.com with any questions you may have or if you feel she can of service.